



Deli Menu 2015 - 2016

We now can supply a selection of lunch time meals to your work place.

Either for a working business lunch or team meeting, we will deliver on serving trays a selection from below.

Daily Baked Tarts, Individual Portions

- Spinach, Mushroom, Thyme, Melting Brie
- Roasted Seasonal Vegetable, Mozzarella Cheese
 - Butter Squash, Greens, Toasted Seeds
- Crispy Bacon, Cheddar Cheese, Broccoli

Roasted Free Range Chicken Drumstick

- Harrisa Rub, Coriander
- Lemon, Garlic Thyme
- Thai Green Rub, Lime Zest
- Soya, Ginger, Chilli Flakes

Sandwich selection

Breads included - wraps, open sour dough, bagels, soda bread, grain brown, baguettes, wheat free/gluten free breads.

Please let us know if you have preferred fillings.

- Farm Sliced Ham, Honey Grain Mayonnaise, Cos Lettuce
 - Slow Roasted Beef, Horseradish Mayonnaise,
 - Sussex Smoked Salmon, Lemony Dill Cream Cheese
- Friendly Tuna, Roasted Sweet Corn, Lemony Mayonnaise
 - Hummus, Roasted Spanish Pepper, Wild Rocket
 - Mature Cheddar, Farm Coleslaw
- Crispy Streaky Bacon, Mashed Avocado, Crispy Lettuce
 - Slow Roasted Chicken, Cos Lettuce, Beef Tomato, Shaved Cucumber
 - Circa Club, Honey Chicken, Crispy Bacon, Mayo, Lettuce, Beef Tomato



Salad Boxes

Made on the day using fresh ingredients

Poached Chicken, Crispy Bacon, Ceaser Salad,

Sough Dough Croutons, Shaved Parmesan

Spiced Roasted Vegetable, Aged Feta, Herby Bulgar Wheat,

Friendly Tuna, 7 Minute Egg, Vine Cheery Tomatoes, Red Onion Salad

Thai Braised Chicken, Sticky Rice, Thai Green Salad

Greek Salad, Aged Feta, Vine Tomatoes, Shaved Cucumber,

Flaked Soya Chilli Salmon, Noodles, Crispy Salad, Chilli Soya Dip

Vegan Box, Mashed Avocado, Hummus,

Circa Ploughmans, Cheddar, Pickles, Slaw, Farm Ham, Salad, Sough Dough

Breakfast Selection

- Day Baked Croissant £1.75 • Raspberry, Custard Puff £1.75
- Apricot, Custard Puff £1.75 • Crispy Bacon Bap £2.25
- Organic Porridge Pots, Raspberry Jam £1.00
- Sussex Sausage Baps £2.25

Sussex Apple Juice, Mineral Water, French Pressed Fruit Drinks, Small Batch Coffee Pot x 10, Fair Trade Tea Pot x 10, Fizzy Drinks, Mineral Water

Cake Selection

Lemon Drizzle, Chocolate, Carrot, White Chocolate, Courgette,

White Chocolate, Parsnip, White Chocolate, Beetroot, Chocolate,

Spiced Rhubarb, Ginger Cake, Chocolate, Banana Cake,

Lemon Cake, Citrus, Olive oil cake, Banana Cake, Vanilla Cream Cheese, Blueberries, Lavender Cake, Raspberries, White Chocolate, Pecan Ginger,

Honey Cake, Chocolate, Guinness, Green Tea, Chocolate,



Hot Buffet Lunches

- Thai Green Chicken Curry, Sticky Rice, Roti Bread
- Slow Braised Lamb Shoulder, Smooth Mash, Roasted Root Vegetables
 - Newhaven Fish Pie, Herby Mash Top
- Sussex Sausages, Creamy Mash, Slow Cooked Onion Gravy, Greens
 - Lamb Tagine, Braised Cous Cous, Flat Breads, Greek Yoghurt
 - 10 Hour Roasted Pork Loin, Garlic Potatoes, Spring Greens
 - Veggie Lasagne, Mascarpone Cheese Sauce, Baby Basil
 - Root Vegetable Hot Pot, Golden Potato Crust
 - (V) Butter Squash, Feta, Spinach Risotto, Toasted Seeds

These dishes are delivered hot and served in hot dishes with serving equipment

Minimum 20 people

Combo lunch deal

Handmade Tart x 1, Sandwich Selection x 3,
Tray Bake Piece, Chicken Piece x 1
£6.00 pp

(veggie options and dietary requirements adjusted)

Minimum 10 for delivery

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